

Frances the Firefly

height chart

never play with matches

If you see matches or a lighter lying around don't pick them up. Show an adult where they are and ask them to put the matches or lighter in a safe place.



keep toys and clothes away from heaters

Even if clothes or toys are not touching the heater they can get too hot and catch fire. Remember to keep things a safe distance away from a heater.



stop, drop and roll

If your clothes catch fire you should **STOP, DROP and ROLL** to put out the flames.



get out, stay out, and call 999

his emergency number saves lives. nly ever use it in a r eal emergency.



safety rules for children

Teaching children the following basic rules

- Never play with matches or lighters.
- If you see matches or lighters lying around, tell a grown-up.
- Never play with a lighted candle.
- Don't play close to a fire or heater, or leave toys near a fire or heater.
- Don't pull on electric cables or fiddle with electrical appliances or sockets.
- Never switch on the cooker.
- Never put anything on top of the cooker or touch any saucepans.
- Don't put things on top of heaters or lights.

REMEMBER: Never leave children unattended at home. A fire can start in moments.

electrics

Plugs and cables

- Tell children not to pull on electrical cables or play with electrical appliances or sockets.
- Put plug guards into sockets so children can't stick things into the holes.
- Don't put cables under carpets or mats or where children can trip over them.

Turn off and unplug electrical appliances not in use, unless they are designed to be left on (for example, freezers).

kitchen safety

- Never allow young children to switch on the cooker or touch saucepans.
- Don't allow children to put anything on top of the cooker even when it is off.
- Keep electrical leads and items which can catch fire easily, such as tea towels, oven gloves and loose clothing away from the cooker and toaster.
- Don't use matches or lighters to light gas cookers. Spark devices are safer.
- Never leave children unattended in the kitchen.



candles

Treat lighted candles as you would any other flame

- Teach children never to play with lighted candles.
- Position lighted candles out of the reach of children.
- Don't leave candles unattended.
- Put them out completely at night.

In the event of a fire...

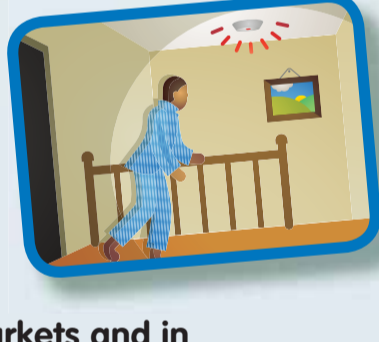
Get Out, Stay Out, and call 999

Don't tackle fires yourself. Leave it to the professionals.

smoke alarms

Keep your family safe from fire by fitting smoke alarms in your home

A smoke alarm is a warning device that detects smoke at the earliest stages of a fire. This gives you vital extra time to escape.



- Smoke alarms cost from as little as £5 and you can get them from supermarkets and in high-street stores.
- Fit at least one for each floor level of your home, ideally on the hallway or landing ceilings.
- Don't put smoke alarms in kitchens or bathrooms where they can be set off accidentally. You can buy smoke alarms fitted with a 'hush button' so you can silence the alarm if it goes off by mistake.
- Make sure children know what to do if they hear the smoke alarm.



Test the batteries every week



Change the batteries every year



Replace the alarm every ten years

- Test the batteries once a week and change the batteries every year. Never disconnect or take the batteries out of your alarm if it goes off by mistake.

Smoke alarms with ten-year batteries are also available.

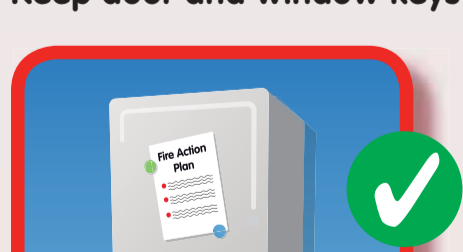
Fit a smoke alarm and test it weekly.

be prepared

Plan ahead

Spend a few minutes thinking about how you'd get out in a fire. What would you do if your main escape route was blocked? Would everyone know what to do? Make sure everyone in your home including children know the basic procedure for escaping a fire.

- It might be an idea to pin up your escape plan on the wall or fridge.
- Make sure children know the escape routes and practice them with you.
- Make sure exits are kept clear at all times.
- Keep door and window keys where everyone can find them.



making an emergency call

Teach children how to make an emergency call but make sure they know that 999 is the number you dial only in an emergency.

Hoax calls may seem exciting for children, but they put lives at risk.

Make sure children know it is wrong.



Visit Frances at www.direct.gov.uk/firekills

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